

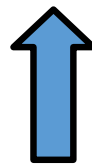
Spotlight Faith Group



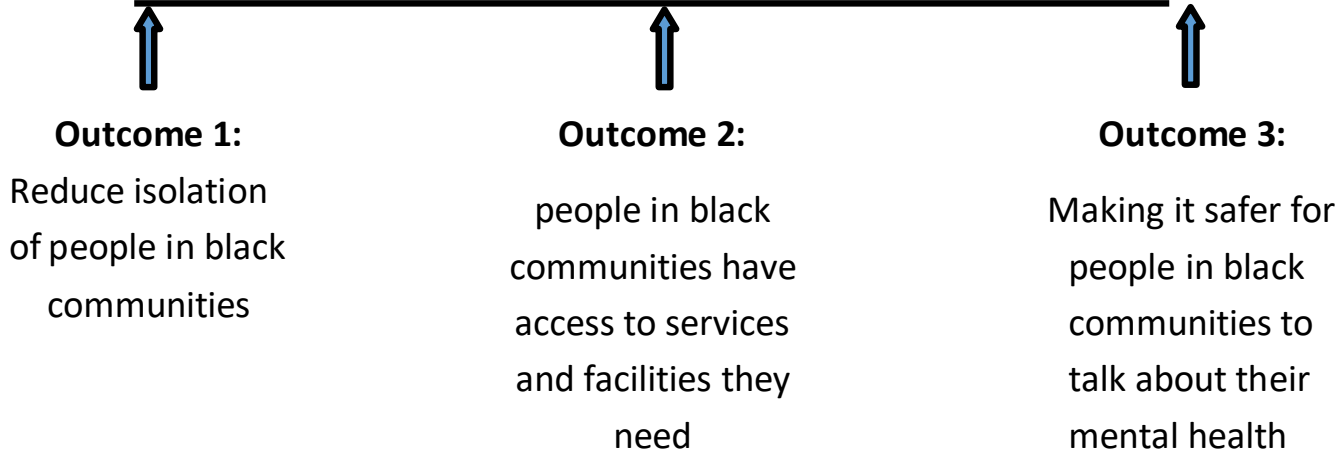
Mental Health Awareness

Spotlight Theory of Change

Spotlight's vision is a society where members of black communities in Calderdale have the confidence and ability achieve all they want and need in life and be fully included in society.



Our mission is to reduce isolation, promote mutual support and increase the mental wellbeing and confidence of black communities.



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Organise courses, workshops, etc that appeal to people in black communities E.g., sports and music to ring people together

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Providing support with form filling,
Signposting to appropriate service
Advocate for people with agencies
Informing people about the support available

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Invite speakers and mental health specialists to speak to groups, to reduce stigma.
Provide education about mental health

Contact us:
Instagram: [spotlight2022vision](#)
Twitter: [@Sfaithgroup](#)

Facebook: [spotlightfaith](#)
LinkedIn: [Spotlight faithgroup](#)
Mobile: 07918811300

Email: info@spotlightfgocio.co.uk

www.spotlightfgocio.co.uk



Healthy Minds
Calderdale's independent, user-led, mental healthy charity